

**UK Ultimate 2019 Results - Female**

Position	Race No	Name	Club Name/Team Name	Start Time	Swim	T1	Cycle	T2	Run	Time	Age Cat	Age group Position	Gender
1	102	Michela Vincent	GreenlightPT	07:00:00	00:59:54.180	00:03:02.650	05:52:37.460	00:03:29.110	04:16:50.950	<b>11:15:54.350</b>	F	1	Female
2	104	Jan Walpole	Plymouth tri club	07:00:00	01:15:25.130	00:06:22.830	06:33:28.510	00:04:01.700	05:01:21.360	<b>13:00:39.530</b>	J	1	Female
3	91	Helen Bloomer	Birmingham	07:00:00	01:18:15.890	00:10:37.940	07:06:04.880	00:09:57.470	05:04:07.980	<b>13:49:04.160</b>	J	2	Female
4	98	Kara Maylor		07:00:00	01:07:21.290	00:05:38.470	07:05:37.350	00:06:16.760	06:05:15.890	<b>14:30:09.760</b>	J	3	Female
5	103	Clare Walker	Tri Northumberland	07:00:00	01:23:48.850	00:08:36.480	08:05:58.810	00:07:24.020	04:58:09.420	<b>14:43:57.580</b>	H	1	Female
6	105	Emma Westmancott	Dumfries and Galloway Triathlon Club	07:00:00	01:13:50.830	00:08:30.930	07:05:47.570	00:10:46.600	06:31:37.870	<b>15:10:33.800</b>	G	1	Female
7	96	Emma Done	Nantwich	07:00:00	01:17:16.840	00:11:42.080	08:08:23.810	00:10:00.120	06:26:51.970	<b>16:14:14.820</b>	G	2	Female
8	97	Olga Gdula	Oxford Tri	07:00:00	01:20:22.420	00:18:03.080	07:46:18.260	00:22:45.660	06:29:12.730	<b>16:16:42.150</b>	E	1	Female
9	94	Jessica Cook	Shrewsbury	07:00:00	02:11:36.650	00:06:20.470	06:59:56.310	00:05:08.250	07:31:51.590	<b>16:54:53.270</b>	E	2	Female
DNF	100	Angela Taylor	Broadstairs	07:00:00	01:52:12.160	00:14:17.150					K	DNF	Female
DNF	101	Jennifer Van Deelen	Canterbury	07:00:00	01:19:28.350	00:10:06.830	07:24:09.940	00:10:47.370			J	DNF	Female
DNF	92	Rachel Boothman	Whitchurch Tri	07:00:00	01:09:52.940	00:04:28.260	07:15:31.430	00:06:18.930	04:29:22.590	<b>13:05:34.150</b>	I	DNF	Female
DNF	93	Heather Brown	Crosshouse	07:00:00	02:06:21.100	00:10:51.510	04:01:22.000				I	DNF	Female

**UK Ultimate 2019 Results - Male**

Position	Race No	Name	Club Name/Team Name	Start Time	Swim	T1	Cycle	T2	Run	Time	Age Cat	Age group Position	Gender
1	3	Joe Banns		07:00:00	00:48:26.033	00:01:24.997	05:02:16.130	00:01:40.390	03:42:34.210	<b>09:36:21.760</b>	F	1	Male
2	52	George Kirkman	Derby AC	07:00:00	00:59:36.740	00:02:51.410	05:15:41.010	00:02:03.040	03:24:59.340	<b>09:45:11.540</b>	E	1	Male
3	63	Rick Nicholls	Bodmin	07:00:00	01:05:03.400	00:03:08.790	05:14:37.080	00:03:36.650	03:21:53.630	<b>09:48:19.550</b>	F	2	Male
4	41	Ben Havard	Norwich	07:00:00	01:17:32.750	00:05:23.790	05:32:42.650	00:02:30.380	03:24:03.780	<b>10:22:13.350</b>	E	2	Male
5	17	David Clamp	Knutsford Tri	07:00:00	00:57:29.650	00:03:38.850	05:43:07.180	00:03:12.110	03:43:43.630	<b>10:31:11.420</b>	L	1	Male
6	64	Kris Nicholson	Royal Navy Triathlon	07:00:00	00:56:07.970	00:07:35.063	05:17:31.257	00:01:28.100	04:15:11.240	<b>10:37:53.630</b>	I	1	Male
7	86	Jack Troake	Newton Abbot	07:00:00	00:57:28.190	00:03:25.780	06:08:27.520	00:03:49.050	03:25:25.980	<b>10:38:36.520</b>	D	1	Male
8	20	Ben Collard		07:00:00	01:07:13.000	00:02:59.100	05:50:29.090	00:03:15.130	03:47:41.790	<b>10:51:38.110</b>	G	1	Male
9	61	James Nash	Bradford on Avon	07:00:00	00:54:47.727	00:05:32.873	05:49:54.300	00:03:40.453	03:58:34.647	<b>10:52:30.000</b>	H	1	Male
10	8	Jon Blackburn	MS-UK	07:00:00	01:02:20.270	00:07:18.490	05:57:50.640	00:05:41.930	03:43:47.360	<b>10:56:58.690</b>	I	2	Male
11	40	Martin Harrison		07:00:00	01:04:56.000	00:05:48.000	05:45:43.000	00:03:56.000	03:57:19.000	<b>10:57:42.000</b>	G	2	Male
12	1	Paul Banks	Tri Northumberland	07:00:00	01:23:47.740	00:06:24.440	06:12:01.230	00:06:44.240	03:17:24.020	<b>11:06:21.670</b>	I	3	Male

13	99	Ronnie Slater	Welwyn Garden City	07:00:00	00:59:54.850	00:04:09.800	05:45:46.890	00:03:34.710	04:18:16.640	<b>11:11:42.890</b>	H	2	Male
14	6	Marc Barrow	Swansea Vale Tri	07:00:00	01:10:31.750	00:03:52.970	05:24:21.970	00:03:38.170	04:31:13.560	<b>11:13:38.420</b>	H	3	Male
15	65	Matt Osborne	Coventry	07:00:00	01:07:03.710	00:09:41.080	05:48:59.360	00:04:12.040	04:20:23.730	<b>11:30:19.920</b>	H	4	Male
16	15	Ian Brownhill	Ian Brownhill	07:00:00	01:15:16.960	00:08:43.940	05:31:46.390	00:07:33.810	04:33:16.430	<b>11:36:37.530</b>	I	4	Male
17	46	Matthew Hill	Blackwater Triathlon Club	07:00:00	01:06:55.190	00:03:29.600	06:09:03.320	00:02:39.120	04:18:28.500	<b>11:40:35.730</b>	H	5	Male
18	33	David 'reg' Gilbert	Tiverton	07:00:00	01:13:40.920	00:06:54.070	06:08:23.010	00:06:31.320	04:13:11.390	<b>11:48:40.710</b>	H	6	Male
19	27	Cesar Auagusto Duque	Cancer Research UK	07:00:00	01:07:50.760	00:02:33.090	06:17:13.750	00:01:50.820	04:20:40.490	<b>11:50:08.910</b>	H	7	Male
20	88	Iain Wheatley	Farnham Triathlon Club	07:00:00	01:13:52.290	00:05:07.890	06:03:20.170	00:03:31.230	04:24:23.110	<b>11:50:14.690</b>	I	5	Male
21	51	Richard Kirby	Tyne and Wear Fire and Rescue Service	07:00:00	01:07:15.950	00:01:59.450	06:07:08.490	00:05:52.680	04:29:59.650	<b>11:52:16.220</b>	I	6	Male
22	87	Edward Wells		07:00:00	01:13:17.900	00:06:36.740	06:08:21.750	00:06:39.420	04:25:43.010	<b>12:00:38.820</b>	F	3	Male
23	56	Darren Lough	South Shields	07:00:00	01:07:52.400	00:03:47.190	05:43:56.000	00:03:20.360	05:07:40.830	<b>12:06:36.780</b>	J	1	Male
24	31	Nick Frost	London	07:00:00	01:30:13.560	00:14:05.640	06:07:33.200	00:10:41.190	04:07:39.520	<b>12:10:13.110</b>	H	8	Male
25	16	Edward Buckingham		07:00:00	01:06:58.160	00:03:04.130	06:15:27.310	00:01:56.570	04:44:22.550	<b>12:11:48.720</b>	I	7	Male
26	2	Sean Bannigan	Ilford	07:00:00	01:20:23.740	00:06:10.790	06:35:11.590	00:02:59.810	04:07:52.900	<b>12:12:38.830</b>	E	3	Male
27	9	Thomas Blackburn		07:00:00	01:04:57.630	00:06:32.080	06:25:02.490	00:04:54.160	04:33:10.100	<b>12:14:36.460</b>	F	4	Male
28	45	John Herpe	Orpington	07:00:00	01:18:51.790	00:04:55.310	05:50:37.660	00:03:03.900	04:57:40.610	<b>12:15:09.270</b>	K	1	Male
29	83	Andrew Tedder	London	07:00:00	01:06:58.690	00:04:05.200	06:11:38.010	00:03:15.230	04:51:12.990	<b>12:17:10.120</b>	G	3	Male
30	89	Alistair Wilkie	Wakefield	07:00:00	01:16:19.650	00:05:25.730	06:26:11.440	00:03:51.320	04:27:48.040	<b>12:19:36.180</b>	F	5	Male
31	58	Paul Mckeaney		07:00:00	01:13:44.270	00:03:46.170	06:16:22.220	00:04:59.040	04:41:13.020	<b>12:20:04.720</b>	J	2	Male
32	76	Ray Spreadbury	chislehurst	07:00:00	01:16:13.200	00:06:52.930	05:54:10.990	00:07:56.750	04:55:37.590	<b>12:20:51.460</b>	I	8	Male
33	7	Daniel Bird	Lincoln	07:00:00	01:19:22.550	00:04:41.870	06:18:50.690	00:02:17.010	04:37:14.870	<b>12:22:26.990</b>	H	9	Male
34	80	Lee Summers	Atac	07:00:00	01:21:55.300	00:05:35.450	05:47:15.050	00:08:57.560	05:03:27.250	<b>12:27:10.610</b>	I	9	Male
35	82	Christopher Taylor-Firth	Farnham Tri Club	07:00:00	01:08:14.130	00:04:48.400	06:15:03.340	00:08:53.850	04:52:53.590	<b>12:29:53.310</b>	K	2	Male
36	34	Craig Gilcrist	Bucknall	07:00:00	01:16:49.710	00:03:26.510	06:06:58.700	00:02:41.660	05:03:51.230	<b>12:33:47.810</b>	G	4	Male
37	28	Justin Ede		07:00:00	01:12:54.580	00:04:55.780	06:24:16.130	00:03:57.800	04:49:03.460	<b>12:35:07.750</b>	H	10	Male
38	37	Duncan Gordon	Altrincham	07:00:00	01:12:07.260	00:04:35.680	06:45:08.830	00:04:08.150	04:29:34.040	<b>12:35:33.960</b>	F	6	Male
39	22	Darren Davies	Carmarthenshire	07:00:00	01:12:25.260	00:05:12.250	06:00:27.180	00:04:59.150	05:27:15.530	<b>12:50:19.370</b>	G	5	Male
40	57	Paul Marsh	Freestylers	07:00:00	01:22:28.130	00:08:18.030	06:13:53.650	00:05:10.950	05:04:56.340	<b>12:54:47.100</b>	I	10	Male
41	43	Mike Heath		07:00:00	01:18:20.530	00:10:31.010	06:48:33.390	00:05:53.170	04:34:13.330	<b>12:57:31.430</b>	I	11	Male
42	4	David Barker	Freestylers	07:00:00	01:30:49.380	00:05:39.970	06:27:25.220	00:03:48.710	04:53:30.080	<b>13:01:13.360</b>	I	12	Male
43	72	Michael Seddon	SOUTHAMPTON	07:00:00	01:11:53.710	00:07:19.430	06:40:26.520	00:06:19.930	04:57:47.650	<b>13:03:47.240</b>	G	6	Male
44	35	Andrew Glenn	The Sunday Club	07:00:00	01:03:48.830	00:05:33.470	06:27:45.500	00:08:45.850	05:19:45.540	<b>13:05:39.190</b>	L	2	Male

45	18	Jonathan Clark	Team Chapter	07:00:00	01:11:53.750	00:05:53.860	06:47:49.110	00:03:21.590	05:05:30.110	<b>13:14:28.420</b>	J	3	Male
46	36	Jack Goodwin-Sims	Cancer Research UK	07:00:00	01:09:27.420	00:05:41.310	07:01:58.840	00:03:07.030	04:56:32.970	<b>13:16:47.570</b>	F	7	Male
47	67	Jose Perez	Knutsford Tri Club	07:00:00	01:09:56.170	00:09:42.530	06:59:37.630	00:05:23.070	04:53:02.760	<b>13:17:42.160</b>	I	13	Male
48	5	Adriaan Barnard	Team Lycra	07:00:00	01:13:08.250	00:08:02.670	06:49:36.250	00:07:58.480	05:04:19.790	<b>13:23:05.440</b>	H	11	Male
49	54	Andrew Littlewood	Manchester triathlon club	07:00:00	01:20:20.720	00:09:45.460	06:42:23.050	00:09:57.560	05:06:31.920	<b>13:28:58.710</b>	H	12	Male
50	75	Chris Spicer	Hertford	07:00:00	01:06:54.110	00:09:39.600	07:03:47.670	00:07:42.100	05:04:43.740	<b>13:32:47.220</b>	G	7	Male
51	30	Carl Fitzpatrick	Brighouse	07:00:00	01:16:34.760	00:07:17.980	07:09:29.550	00:06:50.830	04:54:24.780	<b>13:34:37.900</b>	J	4	Male
52	108	Matthew Jones	Blackwater	07:00:00	01:13:13.770	00:07:46.850	07:07:10.200	00:06:57.890	04:59:46.780	<b>13:34:55.490</b>	H	13	Male
53	62	Paul Newman	Stone Masters	07:00:00	01:07:48.940	00:07:16.660	06:46:33.550	00:06:51.130	05:37:43.120	<b>13:46:13.400</b>	J	5	Male
54	73	Lee Shaw		07:00:00	01:14:16.240	00:07:32.430	06:48:32.660	00:12:29.670	05:24:20.610	<b>13:47:11.610</b>	I	14	Male
55	84	Stephen Topping	Chorley	07:00:00	01:33:49.710	00:04:55.970	06:49:04.420	00:05:01.720	05:20:46.100	<b>13:53:37.920</b>	J	6	Male
56	69	Russell Reardon	Stafford	07:00:00	01:24:38.410	00:05:14.410	06:43:48.020	00:08:17.590	05:36:16.120	<b>13:58:14.550</b>	J	7	Male
57	29	Steve Farnell	Sandbach Striders	07:00:00	01:46:23.700	00:09:14.460	06:58:36.090	00:06:28.730	05:08:50.910	<b>14:09:33.890</b>	H	14	Male
58	49	Bruno Jordan	Stirling	07:00:00	01:14:04.300	00:07:09.590	07:28:29.910	00:06:28.110	05:16:17.470	<b>14:12:29.380</b>	E	4	Male
59	10	Colin Boak	Annitsford	07:00:00	01:54:24.520	00:09:53.760	07:00:24.120	00:10:36.880	04:57:18.120	<b>14:12:37.400</b>	G	8	Male
60	24	Andrew Dell	Royal Navy Triathlon	07:00:00	01:35:10.190	00:08:09.040	06:45:13.110	00:09:00.650	05:39:30.820	<b>14:17:03.810</b>	I	15	Male
61	44	Graham Henderson	South Shields	07:00:00	01:19:13.280	00:14:08.660	06:47:29.220	00:15:12.280	05:46:53.980	<b>14:22:57.420</b>	K	3	Male
62	23	Phil De Rouffignac	Rugeley	07:00:00	01:35:09.780	00:06:04.180	06:45:48.670	00:05:38.690	05:51:36.580	<b>14:24:17.900</b>	I	16	Male
63	53	John Lakes	Crewe	07:00:00	02:00:20.100	00:12:27.560	06:56:31.220	00:07:07.670	05:14:29.730	<b>14:30:56.280</b>	I	17	Male
64	68	Michael Reardon	Whitchurch Tri Club	07:00:00	01:07:38.450	00:04:19.850	06:56:36.820	00:04:47.130	06:19:35.900	<b>14:32:58.150</b>	E	5	Male
65	21	Stuart Davies	Team tank	07:00:00	01:21:05.290	00:05:32.610	06:49:35.050	00:06:57.260	06:13:38.750	<b>14:36:48.960</b>	H	15	Male
66	55	Lee Lockyer	Team Chapter	07:00:00	01:37:58.100	00:08:08.660	07:24:26.380	00:06:40.000	05:20:09.290	<b>14:37:22.430</b>	J	8	Male
67	79	Craig Stitt	Dumfries & Galloway Triathlon Club	07:00:00	01:12:36.650	00:09:42.950	07:12:16.330	00:10:08.830	06:08:49.500	<b>14:53:34.260</b>	H	16	Male
68	47	Wayne Hoyle	TAUNTON - Somerset	07:00:00	01:23:30.110	00:19:15.100	07:46:54.660	00:11:51.530	05:16:29.830	<b>14:58:01.230</b>	J	9	Male
69	26	Adam Duke	Glastonbury	07:00:00	01:23:28.610	00:19:16.960	07:46:57.390	00:11:48.000	05:16:30.740	<b>14:58:01.700</b>	I	18	Male
70	70	Brian Rooney	Cancer Research UK	07:00:00	01:41:22.100	00:10:03.480	07:09:04.250	00:09:52.750	05:48:45.860	<b>14:59:08.440</b>	H	17	Male
71	19	Mark Clarvis	Newton Abbot	07:00:00	01:33:45.330	00:11:48.240	07:50:51.530	00:08:58.020	05:20:49.130	<b>15:06:12.250</b>	K	4	Male
72	42	Mick Hayes	Ipswich Tri	07:00:00	01:39:31.330	00:07:49.120	07:22:46.870	00:05:12.150	05:52:08.910	<b>15:07:28.380</b>	I	19	Male
73	13	Martin Brown	Dumfries and Galloway Triathlon	07:00:00	01:13:51.440	00:08:27.420	07:05:44.020	00:10:53.350	06:31:37.000	<b>15:10:33.230</b>	I	20	Male
74	85	David Troake		07:00:00	01:30:40.250	00:05:12.290	06:49:05.570	00:05:22.270	06:41:26.580	<b>15:11:46.960</b>	J	10	Male
75	32	Konstantinos Giannara	Pireaus	07:00:00	01:49:20.920	00:20:16.080	07:31:55.830	00:06:55.880	05:29:32.000	<b>15:18:00.710</b>	F	8	Male

<b>76</b>	74	James Smith	Prudhoe	07:00:00	01:21:11.340	00:09:01.490	07:45:27.770	00:09:46.500	06:03:38.030	<b>15:29:05.130</b>	H	18	Male
<b>77</b>	25	Lee Desborough	Wakefield Triathlon Club	07:00:00	01:48:22.720	00:11:23.880	07:39:01.530	00:08:20.350	05:49:17.720	<b>15:36:26.200</b>	H	19	Male
<b>78</b>	78	Steven Stewart	Stirling	07:00:00	01:29:52.100	00:09:06.890	07:21:57.200	00:06:49.760	06:39:32.870	<b>15:47:18.820</b>	E	6	Male
<b>79</b>	50	Phillip Kelly	Kilmarnock	07:00:00	01:50:35.100	00:12:33.340	07:18:56.260	00:11:39.500	06:22:58.920	<b>15:56:43.120</b>	J	11	Male
<b>80</b>	59	David Mckenna	Liverpool	07:00:00	01:40:01.600	00:13:43.570	07:59:17.600	00:09:12.840	05:54:43.210	<b>15:56:58.820</b>	J	12	Male
<b>81</b>	71	Stephen Scanlon	Cancer Research UK	07:00:00	01:41:04.790	00:11:33.530	07:46:53.880	00:09:46.900	06:16:38.850	<b>16:05:57.950</b>	H	20	Male
<b>82</b>	81	Mark Taggart	Wmp tri	07:00:00	01:46:36.760	00:07:27.440	07:49:58.640	00:06:38.900	06:20:13.550	<b>16:10:55.290</b>	H	21	Male
<b>83</b>	90	Kevin Wiltshire		07:00:00	01:30:30.110	00:07:56.500	08:32:35.990	00:08:34.060	06:04:52.880	<b>16:24:29.540</b>	J	13	Male
<b>84</b>	11	Alexander Braithwaite	Burnley	05:00:00	01:59:37.830	00:14:44.030	08:41:02.430	00:06:52.880	07:10:41.830	<b>18:12:59.000</b>	M	1	Male
<b>DNF</b>	60	Andy Mcpherson	Brabond AC	07:00:00	01:13:05.120	00:07:18.000					H	DNF	Male
<b>DNF</b>	12	John Brookes	Tidworth	07:00:00	00:00:00.100	01:01:18.330	05:52:48.270				I	DNF	Male

#### UK Ultimate 2019 Results - Relay Team

Position	Race No	Name	Club Name/Team Name	Start Time	Swim	T1	Cycle	T2	Run	Time	Age Cat	Age group Position	Gender
<b>1</b>	106	Paul Flanagan	Tinmen	07:00:00	01:16:14.130	00:01:19.590	06:15:29.190	00:02:34.610	03:59:58.190	<b>11:35:35.710</b>	Relay	1	Male
<b>2</b>	107	Luke Chrimes	Cheltenham	07:00:00	00:59:06.300	00:00:56.450	06:19:43.850	00:00:42.730	04:22:00.210	<b>11:42:29.540</b>	Relay	2	Male

H Vet 40 - 44