

Super Sprint - Female

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	12:25:00	838	Laura	Kendall	Female	32	F	Barnoldswick	Super Sprint -	00:03:45	00:01:55	00:42:54	00:00:26	00:13:58	01:02:58
2	12:26:00	842	Sylvia	Knight	Female	43	H	Romiley	Super Sprint -	00:03:58	00:01:56	00:43:46	00:00:18	00:13:31	01:03:29
3	12:23:45	833	Jenni	Armitt	Female	40	H	CHESH	Super Sprint -	00:03:54	00:02:08	00:42:43	00:00:51	00:14:17	01:03:53
4	12:24:45	837	Joanna	Boyle	Female	46	I	South Cheshire Triat	Super Sprint -	00:04:13	00:02:25	00:43:45	00:00:00	00:14:56	01:05:19
5	12:25:30	840	Tina	Denny	Female	54	J	Nantwich	Super Sprint -	00:03:50	00:01:59	00:44:13	00:00:36	00:16:10	01:06:48
6	12:26:15	843	Sue	Hawkridge	Female	56	K	Please Choose	Super Sprint -	00:04:41	00:02:06	00:45:01	00:00:51	00:15:00	01:07:39
7	12:24:00	834	Lisa	Whittaker	Female	48	I	CHESH	Super Sprint -	00:03:45	00:02:11	00:47:21	00:00:37	00:14:59	01:08:53
8	12:24:30	836	Charlotte	French	Female	52	J	HERTS	Super Sprint -	00:03:50	00:03:44	00:48:42	00:00:42	00:14:49	01:11:47
9	12:23:15	831	colette	hill	Female	32	F	Ellesmere Port	Super Sprint -	00:05:08	00:03:52	00:46:53	00:01:50	00:15:45	01:13:28
10	12:23:30	832	Katie	Maddock	Female	48	I	Shrewsbury	Super Sprint -	00:04:35	00:02:41	00:50:33	00:01:26	00:16:28	01:15:43
11	12:20:30	820	Claire	Youel	Female	40	H	CHESH	Super Sprint -	00:04:20	00:02:32	00:52:49	00:00:38	00:15:44	01:16:03
12	12:20:15	819	Helen	Parry	Female	54	J	FLINTS	Super Sprint -	00:05:04	00:02:36	00:55:12	00:00:22	00:14:18	01:17:32
13	12:48:45	866	Jenny	edwards	Female	53	J	Sale	Super Sprint -	00:04:49	00:05:06	00:50:57	00:01:17	00:15:40	01:17:49
14	12:22:30	828	Rebecca	Poole	female				Super Sprint -	00:05:33	00:03:04	00:53:15	00:00:49	00:16:29	01:19:10
15	12:18:30	812	Chiara	Baccelliere	Female	37	G	CHESH	Super Sprint -	00:06:06	00:04:21	00:54:02	00:00:21	00:15:21	01:20:11
16	12:24:15	835	Pip	Strachan	Female	37	G	Cancer Research UK	Super Sprint -	00:04:27	00:02:36	00:56:11	00:00:41	00:16:23	01:20:18
17	12:21:00	822	Jane	Booth	Female	46	I	Huddersfield	Super Sprint -	00:06:22	00:03:53	00:54:46	00:01:29	00:16:48	01:23:18
18	12:18:45	813	Emily	Green	Female	29	E	STAFFS	Super Sprint -	00:05:24	00:04:55	00:53:01	00:01:31	00:20:29	01:25:20
19	12:23:00	830	Sue	Williamson	Female	56	K	Rochdale Tri Club	Super Sprint -	00:09:28	00:00:00	00:56:14	00:01:00	00:18:39	01:25:21
20	12:25:15	839	RUTH	HOLGATE	Female	37	G	manchester	Super Sprint -	00:04:30	00:05:12	00:56:15	00:02:14	00:17:48	01:25:59
21	12:20:45	821	Marie	Mcmillan	Female	43	H	NSPCC	Super Sprint -	00:06:44	00:04:21	00:54:26	00:00:49	00:20:00	01:26:20
22	12:26:30	844	Helen	Watson	Female	48	I	No Thanks	Super Sprint -	00:04:57	00:03:03	00:54:26	00:01:41	00:22:41	01:26:48
23	12:19:00	814	Mary	Starkey	Female	54	J	CHESH	Super Sprint -	00:05:40	00:04:25	00:58:27	00:02:31	00:17:58	01:29:01
24	12:18:15	811	Helen	Rogers	Female	52	J	Sheffield	Super Sprint -	00:05:39	00:04:04	00:59:43	00:01:40	00:19:40	01:30:46
25	12:22:15	827	Mary	Bendall	Female	60	L	NANTWICH	Super Sprint -	00:05:42	00:02:55	01:05:22	00:01:03	00:17:58	01:33:00
26	12:21:30	824	Heather	Collier	Female	42	H	STAFFS	Super Sprint -	00:06:38	00:05:59	01:06:55	00:01:34	00:16:54	01:38:00
27	12:22:45	829	Kirsty	Lamb	Female	38	G	STAFFS	Super Sprint -	00:04:51	00:02:49	01:00:43	00:02:05	00:27:32	01:38:00
28	12:19:30	816	Mulcahy	Aisling	Female	37	G	Cancer Research UK	Super Sprint -	00:07:10	00:07:08	01:03:20	00:01:54	00:23:08	01:42:40
29	12:19:15	815	Pamela	Felgate	Female	49	I	STAFFS	Super Sprint -	00:04:22	00:04:16	01:09:08	00:02:47	00:23:00	01:43:33
30	12:18:00	810	Shona	Tomkinson	Female	43	H	Nantwich	Super Sprint -	00:06:01	00:04:41	01:22:48	00:01:49	00:18:59	01:54:18