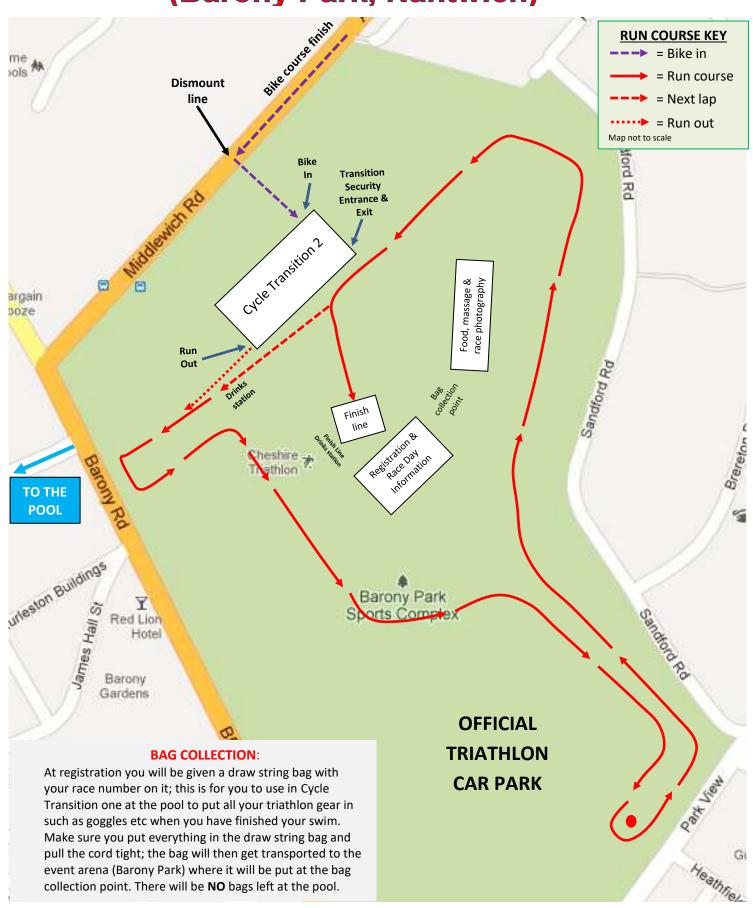
## **North West Run Course & Event Arena** (Barony Park, Nantwich)



## **North West Triathlon - Run Course Information**

- One lap of the run course
  - **Sprint & Relay**
- **Super Sprint & Fun**

- = 1.25km The run course is on short compact grass & very flat
- = 5km x 4 laps = 2.5km

x 2 laps