

# Sprint

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total	
1	07:55:00	337	Grace	Longden	Female	C	18	B		Sprint	00:16:02	00:00:00	00:36:00	00:00:41	00:21:00	01:13:43
2	07:55:00	278	Milly	Garbett	Female	C	27	E	Total Tri Training	Sprint	00:14:12	00:01:47	00:37:08	00:00:54	00:22:11	01:16:12
3	07:55:00	297	eleanor	perkins	Female	C	34	F	chester tri club	Sprint	00:14:35	00:01:12	00:37:05	00:00:50	00:22:36	01:16:18
4	07:55:00	304	Rachel	Spencer	Female	C	44	H	Valley Striders	Sprint	00:15:12	00:02:13	00:40:30	00:00:51	00:23:23	01:22:09
5	07:55:00	282	Lydia	Hughes	Female	C	26	E		Sprint	00:12:58	00:01:49	00:41:25	00:01:04	00:25:08	01:22:24
6	07:55:00	264	Gaynor	Beckett	Female	C	51	J	Adapted Endurance	Sprint	00:13:38	00:01:56	00:37:35	00:00:56	00:28:55	01:23:00
7	07:55:00	275	Jo	Forster	Female	C	48	I	Total Tri Training	Sprint	00:14:54	00:01:37	00:40:06	00:00:48	00:25:37	01:23:02
8	07:55:00	269	Caitlin	Burke	Female	C	29	E	Sytri	Sprint	00:14:40	00:02:38	00:39:22	00:01:23	00:25:08	01:23:11
9	07:55:00	271	Ellie	Clark	Female	C	27	E		Sprint	00:16:04	00:02:04	00:42:12	00:00:44	00:22:59	01:24:03
10	07:55:00	336	Laura	Oldroyd	Female	C	34	F		Sprint	00:18:35	00:02:36	00:37:08	00:01:27	00:25:54	01:25:40
11	07:55:00	301	kathryn	Schofield	Female	C	23	C	Warrington tri club	Sprint	00:14:01	00:01:49	00:42:37	00:00:56	00:26:23	01:25:46
12	07:55:00	305	Aldrydd	Lamp	Female	C	51	J		Sprint	00:13:50	00:02:01	00:43:29	00:00:59	00:27:32	01:27:51
13	07:55:00	175	Sarah	Newey	Female	C	37	G		Sprint	00:14:59	00:02:22	00:43:37	00:01:21	00:27:02	01:29:21
14	07:55:00	259	Joanne	Acha	Female	C	57	K		Sprint	00:17:42	00:02:20	00:40:05	00:01:20	00:27:57	01:29:24
15	07:55:00	300	Joanna	Schirmer	Female	C	41	H		Sprint	00:12:06	00:02:27	00:41:34	00:01:01	00:32:48	01:29:56
16	07:55:00	306	Jessica	Stiles	Female	C	24	C		Sprint	00:16:35	00:02:33	00:46:17	00:01:22	00:23:29	01:30:16
17	07:55:00	268	Melanie	Brooks	Female	C	47	I		Sprint	00:17:39	00:03:26	00:41:52	00:00:57	00:26:40	01:30:34
18	07:55:00	277	Heather	Fras	Female	C	41	H	Shropshire Shufflers	Sprint	00:16:38	00:04:52	00:44:50	00:01:40	00:22:51	01:30:51
19	07:55:00	298	Seren	Prys-Jones	Female	C	31	F		Sprint	00:14:33	00:02:34	00:46:27	00:01:07	00:28:41	01:33:22
20	07:55:00	299	Alice	Savage	Female	C				Sprint	00:18:11	00:03:29	00:43:41	00:01:11	00:27:02	01:33:34
21	07:55:00	276	Helen	Frankish	Female	C	53	J		Sprint	00:20:22	00:04:08	00:43:44	00:01:45	00:27:27	01:37:26
22	07:55:00	266	Lisa	Booth	Female	C	50	J		Sprint	00:17:09	00:03:35	00:44:57	00:01:20	00:30:35	01:37:36
23	07:51:00	272	Anne	Coghan	Female	C	57	K	Stafford Tri	Sprint	00:20:10	00:03:43	00:46:18	00:00:37	00:26:52	01:37:40
24	07:55:00	312	Clare	Willetts	Female	C	44	H		Sprint	00:15:07	00:02:42	00:48:48	00:01:35	00:31:33	01:39:45
25	07:55:00	286	Rachael	Jones	Female	C	54	J	n/a	Sprint	00:19:59	00:03:12	00:44:31	00:02:46	00:29:47	01:40:15
26	07:55:00	310	Sarah	White	Female	C	44	H	Coventry Triathletes	Sprint	00:21:15	00:04:40	00:45:01	00:02:01	00:28:11	01:41:08
27	07:55:00	313	Kelda	Wood	Female	C	51	J		Sprint	00:19:49	00:03:08	00:45:46	00:01:57	00:30:52	01:41:32
28	07:55:00	287	Harriet	Lamb	Female	C	47	I		Sprint	00:17:44	00:04:15	00:49:23	00:01:38	00:28:35	01:41:35
29	07:55:00	302	Shelly	Shaw	Female	C	40	H	Mersey Tri Club	Sprint	00:17:40	00:03:42	00:49:50	00:01:00	00:30:59	01:43:11
30	07:55:00	308	Susan	Vine	Female	C	49	I		Sprint	00:18:26	00:04:05	00:53:42	00:00:59	00:30:05	01:47:17
31	07:55:00	285	Caroline	Johnson	Female	C	32	F	Newcastle tri club	Sprint	00:18:28	00:04:54	00:50:30	00:02:44	00:30:53	01:47:29
32	07:55:00	307	Jody	Thomas	Female	C	29	E		Sprint	00:22:58	00:02:31	00:51:35	00:00:45	00:31:09	01:48:58
33	07:55:00	283	Therese	Hynes	Female	C	60	L	Chester Tri	Sprint	00:21:43	00:04:21	00:46:50	00:01:40	00:35:40	01:50:14
34	07:55:00	311	Laura	Willetts	Female	C	42	H		Sprint	00:17:48	00:03:11	00:55:40	00:02:15	00:33:00	01:51:54
35	07:55:00	296	Emma	Naden	Female	C	54	J	South Cheshire Harri	Sprint	00:20:37	00:05:51	00:52:10	00:00:44	00:33:46	01:53:08
36	07:55:00	281	Steph	Hind	Female	C	32	F		Sprint	00:19:25	00:06:20	00:53:43	00:02:27	00:31:49	01:53:44
37	07:55:00	303	Ines	Soares	Female	C	37	G		Sprint	00:17:43	00:05:04	00:59:32	00:01:09	00:30:21	01:53:49
38	07:55:00	289	Charlotte	Laundy	Female	C	28	E		Sprint	00:17:59	00:04:54	00:56:10	00:01:16	00:33:49	01:54:08
39	07:55:00	261	Kathryn	Atkinson	Female	C	49	I	Pendle Triathlon Clu	Sprint	00:19:35	00:05:02	00:53:43	00:03:19	00:32:52	01:54:31
40	07:55:00	314	Harriet	Wood	Female	C	41	H		Sprint	00:20:44	00:05:47	00:58:47	00:02:22	00:27:34	01:55:14
41	07:55:00	309	Rhiannon	Ward-Hughes	Female	C	43	H		Sprint	00:16:00	00:03:48	00:51:14	00:01:17	00:44:19	01:56:38
42	07:55:00	274	Alice	Dawes	Female	C	27	E		Sprint	00:21:14	00:04:38	00:53:13	00:01:43	00:37:50	01:58:38

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	07:55:00	267	Leanne	Bradley	Female	C 45	I		Sprint	00:05:47	00:29:59	00:55:10	00:01:31	00:38:02	01:58:55
44	07:55:00	290	Emma	Luxford	Female	C 42	H		Sprint	00:21:42	00:03:41	00:56:14	00:04:07	00:33:25	01:59:09
45	07:55:00	315	Claire	Young	Female	C 56	K		Sprint	00:19:42	00:05:37	00:56:06	00:02:28	00:38:37	02:02:30
46	07:55:00	295	Hayley	McNicholas	Female	C 36	G		Sprint	00:23:25	00:04:08	00:56:31	00:01:26	00:38:34	02:04:04
47	07:55:00	279	Hannah	Gerrard	Female	C 26	E		Sprint	00:19:03	00:05:44	01:09:32	00:01:08	00:29:15	02:04:42
48	07:55:00	291	Victoria	Macdonald	Female	C 41	H		Sprint	00:18:52	00:05:30	01:03:27	00:01:47	00:35:50	02:05:26
49	07:55:00	294	Sheila	McCann	Female	C 70	N	Run Neston	Sprint	00:29:10	00:06:36	01:08:30	00:02:41	00:40:20	02:27:17
50	07:55:00	293	Maz	Matthews-Wyatt	Female	C 56	K		Sprint	00:42:45	00:00:00	01:11:38	00:04:54	00:58:34	02:57:51
51	07:55:00	280	Isabel	Gillis	Female	C 69	M	None	Sprint	00:30:45	00:14:03	01:13:37	00:04:09	00:55:39	02:58:13
52	07:55:00	263	Kathryn	Barlow Fitzpatric	Female	C 41	H		Sprint	00:42:44	00:00:00	01:11:52	00:04:42	00:59:26	02:58:44